



Dear FEI Registered Athlete:

Welcome to 2017!! As an FEI Athlete you should be reminded of the below information pertaining to both human and equine anti-doping information. There have been changes to the 2017 Prohibited Lists and you should carefully review and educate yourself and your support staff of the changes. If you have any questions or need any additional information please do not hesitate to contact me.

HUMAN ANTI-DOPING: Please be reminded that when you are competing under FEI rules, you (the human athlete) are subject to in-competition drug testing at the event. It is your responsibility to know if you are taking any medications on the Prohibited Substance List.

• **Globaldro – what is it?**

This is an easy way to find out about any medication and if it contains prohibited substances. Just go to the link, type in the medication and hit go! Global Drug Reference Online www.globaldro.org

• **Therapeutic Use Exemption (TUE) – What is this and do you need to request one?**

In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's Prohibited List. A Therapeutic Use Exemption or TUE provides permission for an athlete to have a prohibited substance in their body at the time of a drug test. Without a TUE, a medication violation can result in a FEI suspension. A TUE application can be found on line through link provided below or contact Christy Baxter at USEF (cbaxter@usef.org or 908.326.1152). The TUE application will need to be completed and submitted to USEF, attention: Christy Baxter. USEF will then submit to the FEI for review and approval. TUE applications need to be completed and submitted to the FEI 30 days prior to participating at an FEI event.

<http://inside.fei.org/fei/cleansport/humans>

https://www.wada-ama.org/sites/default/files/resources/files/2016-09-29_wada_summary_of_modifications_eng_final.pdf

• **Supplement Information**

Do not take supplements without fully knowing the ingredients! Supplements will never be risk free.

Supplements can contain prohibited substances and can be in dietary/nutritional supplements. Educate yourself by going to: <http://www.usada.org/substances/supplement-411/>

• **Whereabouts – What are these and do you have to fill these out?**

Whereabouts information (dates, times, locations, etc.) is information submitted to USADA by an athlete, which allows the athlete to be located for out-of-competition testing. Whereabouts requirements must include an athlete's regular schedule 365 days a year. *Only athletes in a registered testing pool (RTP), who have been personally and directly informed of their inclusion in a RTP, are required to submit whereabouts. All other athletes are not. Whereabouts requirements are determined by registered testing pool inclusion, not event participation.* Christy Baxter from USEF will be in touch if you have met this criteria.

For a quick reference guide and summary of the items listed above, please click and save the following link for your browser:

<http://www.usada.org/wp-content/uploads/pocket-guide-2017.pdf>



EQUINE ANTI-DOPING: Please be reminded that all horses that are registered with the FEI or USEF shall be subject to in-competition testing. FEI's philosophy is that horses must be "clean" at the time of competition.

• **FEI Prohibited List**

The Prohibited Substances list identifies substances that are "Controlled Medication Substances" or "Banned Substances. What is the difference? The Controlled Medication Substances are those substances that athletes/staff might normally use out of competition but are not allowed while competing. Banned Substances are those substances that are not permitted in horses at all times. Athletes/Staff should work very closely with their veterinarians when administering any substances.

The FEI prohibited substance data base can be accessed by clicking on the below link:

<http://inside.fei.org/fei/cleansport/ad-h/prohibited-list>

For a summary of the changes to the 2017 list please click on the following link:

http://inside.fei.org/system/files/2017%20EPSL%20Changes_0.pdf

• **Medication Forms (1 thru 4)**

If you feel that your horse has a substance in his system prior to arrival to a competition Vet Forms 1-4 must be requested by your treating/ team veterinarian and presented to the Veterinary Official for review. If your horse needs to be treated at the competition Vet Forms 1-4 must be filled out prior to administering the medication. This is no guarantee that you will be allowed to compete. Make sure you familiarize yourself with this process.

<http://inside.fei.org/fei/cleansport/ad-h/medforms>

• **Detection Times**

Detection times are the approximate time a substance stays within a horse's system. Familiarize yourself with the FEI's published detection times:

http://inside.fei.org/system/files/FEI_List_Detection_Times_2014_0.pdf

• **Be cautious of supplements and feed. Never accept these from other sources you are not familiar with.**

If you have any questions please do not hesitate to reach out!

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| United States Equestrian Federation