

Opportunities for Dressage U25 Athletes

The U25 (or Under 25) division offers an increasingly important way for athletes between the ages of 16 and 25 (FEI age) to bridge the gap between the Young Rider and Grand Prix levels. US Dressage recognizes the importance of this division and several initiatives are underway to strengthen this division in our country.

USEF/USDF Emerging Athlete Program & Kundrun USEF Development Program (Developing Prix St. Georges through Grand Prix & U25)

- <u>Who</u>: See program requirements
- How: Apply for Training & Evaluation Sessions (Review criteria by clicking link below)
- <u>Support</u>: If an athlete participates in the Training & Evaluation Sessions, they are eligible to be selected for Membership to the Program. Membership includes access to resources such as score analysis, human sport science and medicine program, strategic planning meetings and possible financial assistance towards agreed upon targets. If the athlete is not selected, the sessions themselves are educational and a great way to 'stay on the radar' AND you can always reapply!
- More information

Wellington, FL CDIO-U25

- Who: FEI U-25 Athletes
- How: Read U.S. CDIO Selection Procedures and submit application!
- <u>Support</u>: The teams will be led by a Chef d' Equipe and will have access to both US Dressage staff support as well as the US Dressage Team Veterinarian.
- More Information

European U25 Tour

- Who: FEI U-25 Athletes
- How: Read European U25 Selection Memo/Selection Procedures and submit application!
- <u>Support</u>: The tour will be led by a Chef d' Equipe and will have access to both US Dressage staff support as well as the US Dressage Team Veterinarian.
- More Information

Additional information on European Competition opportunities can be found HERE.

USEF Young Adult 'Brentina Cup' Dressage National Championship

- <u>Who</u>: FEI U-25 Athletes (can qualify at national competitions)
- <u>How</u>: Read Qualifying Requirements and submit Application of Intent!
- <u>Support</u>: Championship participants may have access to USEF Coaching Staff at the Championships. (Program members will be given priority).
- More Information

Additional Educational Opportunities: There are many more educational opportunities available of athletes in the U25 division. Opportunities include USDF Clinics, Markel/USEF Emerging Young Horse Program (must have Young Horse), USDF/USEF Young Rider Graduate Program. Please contact us if you would like additional information!

...and if you are no longer a U25 athlete and feel you missed out on these opportunities, please stay in touch with us as our Programs may still be a fit for you!