



# RETURN TO COMPETITION MEDICAL RELEASE

This form is to be used by Federation athletes who have been assessed to have a possible concussion or apparent head injury. This form must be completed and returned to the Federation per rule GR849.6 to be eligible to return to competition.

Athlete Name: \_\_\_\_\_ USEF# \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Date of Injury: \_\_\_\_\_

**TREATING MEDICAL PROVIDER (Must be signed by MD, DO, PA, or NP)**

*I have assessed this athlete and find no symptoms or signs of continuing concussion. By signing this document I confirm that I am familiar with and trained in [sport concussion assessment](#) and management and that this athlete is [cleared to return to equestrian competition](#).*

Name: (print) \_\_\_\_\_

Qualifications (e.g. MD, DO, PA, NP): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Office Email: \_\_\_\_\_

Office Address: \_\_\_\_\_

**GR849.4 - Unconsciousness/Concussion.**

- a. In the event of a fall/accident where the competitor is apparently concussed or unconscious, he/she is precluded from competing until evaluated by qualified medical personnel, as defined in GR848.1.a. If the competitor refuses to be evaluated, he is disqualified from the competition and must follow the Return to Competition guidelines in accordance with the rules.
- b. A Time-Out may be called in accordance with applicable division rules.
- c. If qualified medical personnel suspect that a competitor has sustained unconsciousness or a concussion, he/she must be precluded from competing until cleared to compete in accordance with the Return to Competition rules.
- d. The competition Steward or TD shall notify Competition Management and the Safety Coordinator of the fall/accident as soon as practicable. In the event that a Steward or Technical Delegate is unable to be present at an accident or injury, the Safety Coordinator or Manager must inform the senior Steward or Technical Delegate of said accident or injury within one hour for proper follow-up and reporting, as required by the Federation.
- e. For all competitors evaluated pursuant to this section, the Steward or Technical Delegate shall submit a properly completed Accident/Injury Form, and, if applicable, any corresponding signed release to the Federation Director of Competitions within 24 hours of the fall/accident, except in exceptional circumstances.

**GR849.5 - Medical Suspension.**

Any competitor who is determined ineligible to compete under any of the preceding paragraphs will be placed on the Federation Medical Suspension List that will be posted on the Federation's website.

**GR849.6 - Return to Competition.**

In the event that a competitor is determined ineligible to compete under one of the preceding paragraphs, the competitor shall submit to the Federation, a signed release, which includes criteria established by the Federation from time to time, completed by a licensed physician, physician assistant, or nurse practitioner in order to be eligible to once again compete in Federation-Licensed or endorsed competitions.

Return form via email to [safety@usef.org](mailto:safety@usef.org).