USEF REMOUNT ASSESSMENT

Whoa Before You *Go!*

The following participants who have fallen from a horse or horse-drawn vehicle at a competition must be examined by the **competition Qualified Medical Personnel, a physician, physician assistant, or nurse practitioner** before returning to competition or re-mounting any horse or horse-drawn vehicle:

a. Participants under the age of 18;

b. Adult participants who have fallen, except when the participant lands on their feet; and

c. Adult participants who have fallen more than once during a competition, including when the participants lands on their feet.

NOTE: For above participants, the **USEF Remount Assessment** should be completed by the competition Qualified Medical Personnel if the fall occurs during competition hours.

- If a participant presents with concussion symptoms, they will be placed on the Federation's Medical Ineligibility List. This individual will be unable to compete until they are examined by a physician, physician assistant, or nurse practitioner and the Federation receives a properly completed Return to Competition Medical Release form.
- If the participant has any red flag symptoms related to potential injuries beyond a concussion, they're encouraged to seek further evaluation, but are not placed on the Medical Ineligibility List.

Scan for Online Assessment