### NATIONAL MEDICAL NETWORK

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<tr>
<th>CONTACT</th>
<th>USOC DIVISION</th>
<th># ATHLETES SERVED ANNUALLY</th>
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<tbody>
<tr>
<td>Dr. Bill Moreau</td>
<td>Sports Medicine</td>
<td>N/A, patient confidentiality</td>
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#### OVERVIEW

Service providers nationally and regionally for psychiatry services to include clinical, performance based or both

**University of Utah.** Private and confidential in-patient services and clinic.

**UC San Diego Health.** Private and confidential in-patient services and clinic.

**Psychiatric Physicians with Sports Med CAQ in Cumming, GA | Raleigh NC | New York, NY | Beaverton, OR | Houston, TX.** Volunteer psychiatrists’ services.

#### ATHLETE ELIGIBILITY

**Elite:** EAHI or EAHI eligible

**Non-EAHI:** Sports performance based criteria, High Performance Director (HPD) provides qualification criteria, V.P. of Sports Medicine determines approval served on a case-by-case basis

#### ATHLETE COSTS

**EAHI eligible:** little to no cost to athlete

**Non-EAHI:** If approved by V.P. of Sports Medicine, little to no cost to athlete

#### REFERAL PROCESS

1. Determine if athlete EAHI or EAHI eligible
2. If eligible, contact Karen Hagenman/NMN email nmn@usoc.org to request referral application form.
3. If non-EAHI, contact Karen Hagenman/NMN email nmn@usoc.org to request referral application form.
4. Request for eligibility criteria will be sent to high performance director.
5. Verify and referral sign-off by Dr. Moreau

### SPORT PSYCHOLOGY REGISTRY

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<tr>
<td>Karen Cogan</td>
<td>Sport Psychology</td>
<td>N/A, too many providers and confidentiality</td>
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#### OVERVIEW

150 mental health providers nationwide, screened for education and credentials in psychology and sports psychology.

#### ATHLETE ELIGIBILITY

Any athlete can be referred to the Registry. The athlete does not have to be in the EAHI system.

#### ATHLETE COSTS

Providers usually charge for services so it is up to the athlete to determine cost for services with the provider.

Providers are asked to offer 8 pro bono hours and those are reserved for top athletes as determined by the NGB and is on a case by case basis.
### USOC Sport Psychologists

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<tr>
<th>CONTACT</th>
<th>USOC Division</th>
<th># Athletes Served Annually</th>
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<tbody>
<tr>
<td><strong>Summer Acrobat &amp; Combat Sports</strong>&lt;br&gt;Karen Cogan (&lt;a&gt;<a href="mailto:karen.cogan@usoc.org">karen.cogan@usoc.org</a>&lt;/a&gt;)</td>
<td>Sport Psychology</td>
<td>N/A, patient confidentiality</td>
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<tr>
<td><strong>Summer Strength &amp; Power Sports</strong>&lt;br&gt;Sean McCann (&lt;a&gt;<a href="mailto:sean.mccann@usoc.org">sean.mccann@usoc.org</a>&lt;/a&gt;)</td>
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<tr>
<td><strong>Winter Sports</strong>&lt;br&gt;Alex Cohen (&lt;a&gt;<a href="mailto:alexander.cohen@usoc.org">alexander.cohen@usoc.org</a>&lt;/a&gt;)</td>
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<tr>
<td><strong>Summer Team Sports</strong>&lt;br&gt;Peter Haberl (&lt;a&gt;<a href="mailto:peter.haberl@usoc.org">peter.haberl@usoc.org</a>&lt;/a&gt;)</td>
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<tr>
<td><strong>Psychophysiology</strong>&lt;br&gt;Lindsay Thornton (&lt;a&gt;<a href="mailto:lindsay.thornton@usoc.org">lindsay.thornton@usoc.org</a>&lt;/a&gt;)</td>
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<tr>
<td><strong>Paralympic Sports</strong>&lt;br&gt;Sara Mitchell (&lt;a&gt;<a href="mailto:sara.mitchell@usoc.org">sara.mitchell@usoc.org</a>&lt;/a&gt;)</td>
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<tr>
<td><strong>Summer Sports Chula Vista</strong>&lt;br&gt;Caroline Rodriguez (&lt;a&gt;<a href="mailto:caroline.rodriguez@usoc.org">caroline.rodriguez@usoc.org</a>&lt;/a&gt;)</td>
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#### Overview
- The USOC employs 7 full-time sport psychologists who are assigned to specific sports.
- All are licensed or license-eligible psychologists.
- All can provide mental skills training as well as address mental health issues; can provide referrals as needed.

#### Athlete Eligibility
- Athlete or team must be designated as eligible for USOC Sport Performance Services by Sport High Performance Director and USOC High Performance Director.

#### Athlete Costs
- No direct cost to athlete or teams; costs covered by USOC and NGB.

### Safesport

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<tbody>
<tr>
<td>SafeSport Helpline: 800-200-0796&lt;br&gt;Report suspected misconduct: 720-531-0340</td>
<td>U.S. Center for SafeSport</td>
<td>TBD</td>
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#### Overview
- The United States Center for SafeSport offers a 24-hour victim services helpline, operated by the Rape, Abuse and Incest National Network (RAINN), the nation’s largest anti-sexual violence organization. The SafeSport Helpline provides crisis intervention, referrals and emotional support specifically designed for athletes, staff and other sport participants affected by sexual assault. Through this anonymous and secure service, highly trained specialists provide live, confidential, one-on-one support by phone or online chat. A mobile application is also available for iOS and Android users.

#### Athlete Eligibility
- Open to all athletes.

#### Athlete Costs
- No charge
## EAHI PROGRAM | BLUE CROSS BLUE SHIELD

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<tbody>
<tr>
<td>Viola Cruz</td>
<td>Human Resources/EAHI</td>
<td>~900</td>
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<tr>
<td><a href="mailto:eahi@usoc.org">eahi@usoc.org</a></td>
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### OVERVIEW

Inpatient and outpatient mental or behavioral health benefits available throughout the year. Services could include substance abuse, eating disorders or alcohol abuse treatment. To keep costs down, athlete should seek services from Blue Cross Blue Shield (BCBS) contracted providers (in-network providers).

### ATHLETE ELIGIBILITY

Must be enrolled in EAHI

### ATHLETE COSTS

**OUTPATIENT SERVICES***

In-Network: $0 deductible, $15 copay, and 10% coinsurance. No limit on visits. Copay and coinsurance amounts applied towards $1,500 individual out-of-pocket max.

Out-of-Network: $1,000 deductible and 30% coinsurance plus any amounts over BCBS’ allowed amounts. No limit on visits. Deductible, copay and coinsurance amounts applied towards $3,000 individual out-of-pocket max.

*Pre-authorization is not required for outpatient services.

**INPATIENT SERVICES**

In-Network: $0 deductible, $250 copay, and 10% coinsurance. Copay and coinsurance amounts applied towards $1,500 individual out-of-pocket maximum. Inpatient stay is based on medical necessity.

Out-of-Network: $1,000 deductible and 30% coinsurance plus any amounts over BCBS’ allowed amounts. Deductible, copay, and coinsurance amounts applied towards $3,000 individual out-of-pocket maximum. Inpatient stay is based on medical necessity.

**Pre-authorization is required for inpatient services. Athlete or provider/facility must call BCBS at 1-800-909-6120 prior to admittance into a facility. No payment will be made for inpatient services received without prior authorization.

## COMPSYCH

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<tr>
<td>ComPsych Guidance Resources</td>
<td>Human Resources/EAHI</td>
<td>~900 and their dependents</td>
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### OVERVIEW

Confidential counseling available 24/7/365 days a year.

- Unlimited phone counseling with a licensed professional.
- Request in-person counseling with a licensed professional in the area. Please note, counselors may not be sport specific experienced.

### REFERALL PROCESS

Call ComPsych at 1-800-428-2716

www.guidanceresources.com

Web ID: USOC-EAP

### ATHLETE ELIGIBILITY

Must be enrolled in EAHI

### ATHLETE COSTS

- Unlimited counseling via phone at no cost.
- Six in-person counseling sessions at no cost.