EQUESTRIAN ATHLETE PROGRAM
presented by **THE UNITED STATES EQUESTRIAN FEDERATION**

PROGRAM REQUIREMENTS

The following requirements must be met between June 1 and May 31 of each application year. *You must submit either a 100 hour riding log* OR *verification of 3 competitions and proof of enrollment in school.* You may not submit an hour log AND 3 competitions.

- Log at least 100 hours of equestrian activity
  - □ Include – riding, lessons, lunging, driving, vaulting, hacking, trail riding, ground training, time riding at competitions, etc. Please only log a maximum of 5 hours of riding time each day.
  - □ Do not include - barn chores, grooming, tacking up, stall cleaning, cleaning tack, time driving to competitions, time spent at competitions when you are not riding, etc.

OR

- Provide verification of competing in three competitions
  - □ Includes - USEF, AQHA, USEA, USDF, IEA, 4-H, FFA, Pony Club, competitions held by local clubs or associations, drill team competitions, rodeos, polo matches, schooling shows, etc.
  - □ Verification must include student's name as a competitor along with the competition's name and date. Verification accepted includes – results printed from an online source, invoice from competition, signed letter from competition organizer.
  - □ The following will not be accepted as competition verification – class lists, entry forms, photos of ribbons or awards, or year-end results.

AND

- Provide current proof of enrollment in school
  - □ Current report card, current transcript, current mid-term report card, or certification of enrollment in a home schooling program.
  - □ Verification must include student's name, school's name, grade and grade years.
  - □ Please black out your social security number if it appears on your transcript before submitting the document.

HOW DO I SUBMIT THE REQUIREMENTS/ APPLY FOR THE INTERSCHOLASTIC PROGRAM?

1. Log into your "MY USEF Account" at usef.org. If you are not a USEF member, you will have to sign up first before applying for the program.

2. Click on the tile that says "Apply/Manage Interscholastic Program" on your Member Dashboard. This is where you can apply/submit your requirements.

3. The tile will then bring you to your Interscholastic Dashboard. Depending on if you are applying or submitting requirements, there will be a button that says "Apply" or "Update" next to the grade/years.

4. If you are applying, click the "Apply" button and fill out the application.

5. If you are submitting requirements, click the "Update" button next to the year you want to upload information. To see the "Update" button, you must have already applied and paid for the Interscholastic Athlete Program. Make sure the requirements have been uploaded into each section. Once all sections have a "reviewing" status, the application has been submitted to USEF for review.

6. Check your email for notification from equestrianathlete@usef.org that your submission has been reviewed. You will either receive an email requesting addition information to be uploaded into your account or an email approving your submission.

7. Once all requirements have been met, an email will be sent with your Certificate of Achievement. Within 1-2 weeks you will receive in the mail the appropriate Star Pin and Patch if this was the first year completed.

For more information about the program, please visit usef.org/go/equestrianathlete.

Please contact USEF at equestrianathlete@usef.org or 859-810-8733 with questions regarding this program.

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1) What type of US Equestrian membership do I need to participate in this program?

If you compete at US Equestrian licensed competitions you should apply for a USEF Competing Junior Membership. If you do not compete at US Equestrian competitions, you can join as a non-competing Subscriber member for $25.

2) What is the application fee?

$20 per program year. An application and fee must be submitted for each year of participation.

3) What happens after I send in my application?

After USEF receives your application, an email will be sent to you with information about the program.

4) What is the time frame to meet the hour and competition requirements?

Each program year runs from June 1 through May 31.

Any hours or competitions within the program year may be used, regardless of when you sign up for the program.

5) If I have already met the requirements of the program do I have to wait until May 31st to submit everything?

No. We encourage you to submit your log, competition record, and proof of enrollment as soon as you have met all the requirements.

There is an enormous increase in submissions received at the USEF near the end of the program year which greatly increases the processing time. Submit your documentation early for faster processing.

6) Can I send my documentation in separately?

All documentation must be submitted online through the Equestrian Athlete Portal. No documentation for each year will be reviewed until all documentation has been submitted.

7) What do I send to provide proof of enrollment in school?

Current report card, current transcript, current mid-term report card or certification of enrollment in a home schooling program. Verification must include student's name, school's name, grade and grade years. Please black out your social security number if it appears on your transcript before submitting the document.

8) If I choose to submit a riding log, how many hours does the program require?

100 Hours which can include riding, lessons, lunging, driving, vaulting, hacking, trail riding, ground training, riding at competitions, etc. Only time spent actively working with a horse will count. The following cannot be used towards the hour requirement: barn chores, grooming, tacking up, stall cleaning, cleaning tack, time driving to competitions, time spent at competitions when you are not riding, etc. The hour log must be completed in either a daily or weekly format with no more than 5 hours per day. The hour log must also be signed by a parent/guardian or trainer.

9) Can I use hours and competitions from before I signed up for the program?

Yes, you can use any hours or competitions during the program year (June 1-May 31), regardless of when you signed up.

10) What are the competition requirements?

Students must compete in three competitions during the program year. Any show that is organized by a horse show organization or club will count towards the requirement. Example: USEF, AQHA, 4-H, Pony Club, IEA, any state or local horse association shows, schooling shows, rodeos, drill team competitions, polo matches, etc.

11) What do I submit as verification that I have met the competition requirements?

Verification must include student's name as a competitor along with the competition's name and date. Verification accepted includes results printed from an online source, invoice from competition, signed letter from competition organizer.

12) Can I apply for previous years in school?

Yes, we do allow students to sign up retroactively as long as they are in grades 5-12. For example, a sophomore just finding out about the program can also sign up for their 5th-9th grade years. Students are still required to apply for each year and provide verification for each year they are enrolled to meet the requirements for that year.

13) How do I submit my documentation?

Online: https://members.usef.org/equestrianathlete/manage/dashboard

14) When will I receive my free prize?

You will receive an email after you submit your documents either approving the submission or requesting additional information. If your submission is approved, you will receive an email with your Certificate of Achievement and within 1-2 weeks you will receive in the mail the appropriate prize based on which year of completion you are currently working on.

15) Who can I contact with questions about the program?

Visit *www.usef.org/equestrianathlete* or email *equestrianathlete@usef.org* or call 859-810-8733.