Rule Change Intent

Horses require adequate rest and REM sleep in a 24-hour period. While horses can rest during the day, sleep typically occurs after midnight in the dark hours. Conditions unsuitable for sleep (e.g. loud environments, bright lights, etc.) may limit the ability of horses to get adequate sleep which can lead to sleep deprivation and excessive drowsiness, impacting equine performance and wellbeing.

Proponent Details

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<th>Safety</th>
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<th>Contact Information</th>
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<td>Katlynn Wilbers</td>
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Linked Rules

- American Saddlebred
  - ARHPA
  - ASHA
  - Hackney
  - Paso Fino
  - PFHA
  - Roadster
  - Saddle Seat Eq
GR1215 Stabling

3. At competitions which offer overnight stabling, adequate lighting must be provided. **Between the hours of 11:00 PM and 5:00 AM, of the time zone in which the competition is taking place, stabling must be dark and quiet to allow stabled horses a quiet period of rest daily.**

4. It is recommended that at Level 4 and Level 5 Dressage Competitions, and at competitions with an A rated division provide, upon request of the official competition veterinarian, a suitable area, protected from the elements, secured from public view, adequately lighted, with adequate electrical supply and running water, to serve as a first aid station for the emergency treatment of ill and injured horses.

5. Additional stabling requirements for Dressage Competitions are listed in the Dressage Levels chart posted on the Federation website.