



## **ATHLETE CLEAN SPORT FACT SHEET**

FEI registered Athletes are subject to random, in-competition and out of competition drug testing. It is the Athlete's responsibility to know if they are taking any medications on the WADA Prohibited Substance List.

**USADA** - The United States Anti-Doping Agency's (USADA) website contains a range of information on testing, regulations, and athlete rights: <https://www.usada.org/>. Athletes should also regularly check the USADA web page that covers all changes to the anti-doping rules: [www.usada.org/2020-prohibited-list-summary-of-major-changes/](http://www.usada.org/2020-prohibited-list-summary-of-major-changes/).

**Recreational Drugs** - It is strongly advised that all athletes avoid recreational drugs at all times as clearance times after last use of drugs are quite variable (from days to weeks).

**Supplements** - Do not ingest supplements without fully knowing the ingredients! Supplements will never be risk free. Dietary/nutritional supplements can contain prohibited substances. Educate yourself by going to: <https://www.usada.org/substances/supplement-411/>.

**GlobalDRO** - The GlobalDRO website is an easy way to find out more information about any medication and if it contains prohibited substances. Just go to this user-friendly link Global Drug Reference Online [www.globaldro.org](http://www.globaldro.org). It is recommended that you save the date stamped inquiry for your own records. Medications purchased abroad do not always contain the same substances as those purchased in the U.S., even if branded the same.

**TUE** - In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's (WADA) Prohibited List. A TUE provides permission for an athlete to have a prohibited substance in their body at the time of a drug test. Without a TUE, a medication violation can result in an FEI suspension. A TUE application can be found online at <http://inside.fei.org/fei/cleansport/humans> or contact Steven Morrissey at USEF ([smorrissey@usef.org](mailto:smorrissey@usef.org) or 859.225.7686). The TUE application will need to be completed in detail and submitted to USEF, attention: Steven Morrissey. The USEF will then review the application to assure it is complete and will submit it to the FEI for review and approval. TUE applications need to be completed and submitted to the FEI 30 days prior to participating at an FEI event. In an emergency situation, a TUE still needs to be completed, and should be submitted to Steven Morrissey immediately. An expedited TUE will be requested if appropriate, but this process is not guaranteed.

Should you have any questions, or need any additional information, please do not hesitate to contact Steven Morrissey at [smorrissey@usef.org](mailto:smorrissey@usef.org).