



US Equestrian LGBTQ+ Resource Guide (updated 6/30/20)

Disclaimer: This Resource Guide is provided for informational purposes only. The lists included herein do not constitute complete lists of entities in existence. USEF does not endorse or have a relationship with any of the entities included in the lists. All USEF members are encouraged to conduct their own research and due diligence on this topic.

What You Can Do to Drive Change

- Educate yourself and others around you.
- Create safe places and be an advocate for the LGBTQ+ community.
- Support through volunteerism or donations to any of the below mentioned organizations.

The Inclusion Playbook

- The Inclusion Playbook is a Sports Impact project led by a civil rights advocate and former Division 1 athlete with the goal of empowering social change agents to transform communities in and through sports.
- The Inclusion Playbook is hosting a series of free webinars this summer, beginning June 11, at <https://www.inclusionplaybook.com/webinar>.

General Resources (listed alphabetically)

[Anti-Violence Project \(AVP\)](#)

AVP empowers lesbian, gay, bisexual, transgender, queer, and HIV-affected communities and allies to end all forms of violence through organizing and education, and supports survivors through counseling and advocacy.

[CenterLink](#)

CenterLink develops strong, sustainable LGBT community centers and builds a thriving center network that creates healthy, vibrant communities. CenterLink assists newly forming community centers and helps strengthen existing LGBT centers, through networking opportunities for center leaders, peer-based technical assistance and training, and a variety of capacity building services.

[COLAGE](#)

COLAGE unites people with lesbian, gay, bisexual, transgender, and/or queer parents and caregivers into a network of peers and supports them as they nurture and empower each other to be skilled, self-confident, and just leaders in our collective communities.

[Matthew Shepard Foundation](#)

The Matthew Shepard Foundation's mission is to amplify the story of Matthew Shepard to inspire individuals, organizations and communities to embrace the dignity and equality of all people.

[Movement Advancement Project \(MAP\)](#)

MAP's mission is to provide independent and rigorous research, insight and communications that help speed equality and opportunity for all. MAP works to ensure that all people have a fair chance to pursue health and happiness, earn a living, take care of the ones they love, be safe in their communities, and participate in civic life.

[Out & Equal](#)

Out & Equal is the premier organization working exclusively on LGBTQ workplace equality. Through our worldwide programs, Fortune 500 partnerships and our annual Workplace Summit conference, they help LGBTQ people thrive and support organizations creating a culture of belonging for all.

[Parents, Families & Friends of Lesbians & Gays \(PFLAG\)](#)

PFLAG is the nation's largest family and ally organization. PFLAG is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies. PFLAG is committed to creating a world where diversity is celebrated and all people are respected, valued, and affirmed.

[The Williams Institute](#)

The Williams Institute conducts independent research on sexual orientation and gender identity law and public policy. They ensure that facts—not stereotypes—inform laws, policies, and judicial decisions that affect the LGBT community.

Youth Resources (listed alphabetically)

[Gay, Lesbian & Straight Education Network \(GLSEN\)](#)

As GLSEN was founded by a group of teachers in 1990, they knew that educators play key roles in creating affirming learning environments for LGBTQ youth. But as well as activating supportive educators, they believe in centering and uplifting student-led movements.

[GSA Network](#)

GSA Network is a next-generation LGBTQ racial and gender justice organization that empowers and trains queer, transgender and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities.

[It Gets Better Project](#)

The It Gets Better Project is a nonprofit organization with a mission to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer youth around the globe. Growing up isn't

easy, especially when you are trying to affirm and assert your sexual orientation and/or gender identity – but, the good news is, no one has to do it alone.

[Lesbian, Gay, Bisexual & Transgender \(LGBT\) National Youth Talkline](#)

The LGBT National Youth Talkline provides a safe space that is anonymous and confidential where young callers can speak on many different issues and concerns including, but limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, isolation, anxiety at school, family issues, HIV/AIDS concerns, safer sex information, suicide, and much more.

[Point Foundation](#)

Point Foundation (Point) empowers promising lesbian, gay, bisexual, transgender and queer (LGBTQ) students to achieve their full academic and leadership potential. Point does this through scholarship funding, mentorship, leadership development, and community service training, and is the nation's largest scholarship-granting organization for LGBTQ students of merit.

[The Trevor Project](#)

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ+) young people under 25.

Transgender & Gender Non-Conforming Resources (listed alphabetically)

[National Center for Transgender Equality \(NCTE\)](#)

The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.

[Sylvia Rivera Law Project](#)

The Sylvia Rivera Law Project (SRLP) works to guarantee that all people are free to self-determine their gender identity and expression, regardless of income or race, and without facing harassment, discrimination, or violence. SRLP works to improve access to respectful and affirming social, health, and legal services for our communities.

[Transgender Law Center](#)

Transgender Law Center (TLC) is the largest national trans-led organization advocating for a world in which all people are free to define themselves and their futures. Grounded in legal expertise and committed to racial justice, TLC employs a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation.

[Transgender Legal Defense & Education Fund](#)

Transgender Legal Defense & Education Fund is committed to ending discrimination based upon gender identity and expression and to achieving equality for transgender people through public education, test-case litigation, direct legal services, and public policy efforts.

Political Resources (listed alphabetically)

[Equality Federation](#)

Equality Federation is the movement builder and strategic partner to state-based organizations advocating for LGBTQ people. They work collaboratively on critical issues—from advancing workplace fairness and family recognition to defeating anti-transgender bathroom bans and HIV criminalization laws—that affect how LGBTQ people experience the world from cradle to grave.

[Human Rights Campaign \(HRC\)](#)

The Human Rights Campaign represents a force of more than 3 million members and supporters nationwide. As the largest national lesbian, gay, bisexual, transgender and queer civil rights organization, HRC envisions a world where LGBTQ people are ensured of their basic equal rights, and can be open, honest and safe at home, at work and in the community.

[National LGBTQ Task Force](#)

The National LGBTQ Task Force advances full freedom, justice and equality for LGBTQ people. They are building a future where everyone can be free to be their entire selves in every aspect of their lives.

[Victory Fund](#)

The Victory Fund is the only national organization dedicated to electing openly LGBTQ people who can further equality at all levels of government.

Legal Resources (listed alphabetically)

[American Civil Liberties Union \(ACLU\)](#)

The ACLU works to ensure that lesbian, gay, bisexual, and transgender people can live openly without discrimination and enjoy equal rights, personal autonomy, and freedom of expression and association.

[Lambda Legal](#)

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.

[The LGBT Bar](#)

The National LGBT Bar Association is a national association of lawyers, judges and other legal professionals, law students, activists, and affiliated lesbian, gay, bisexual, and transgender legal

organizations. The LGBT Bar promotes justice in and through the legal profession for the LGBTQ+ community in all its diversity.

[National Center for Lesbian Rights \(NCLR\)](#)

NCLR is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, legislation, policy, and public education.

Health Resources (listed alphabetically)

[Centers for Disease Control & Prevention \(CDC\) – LGBT Resources](#)

People who are lesbian, gay, bisexual, and transgender have a variety of health needs. Find networks, services, and health clinics by state available to address those needs.

[Gay & Lesbian Medical Association \(GLMA\)](#)

GLMA is a national organization committed to ensuring health equity for lesbian, gay, bisexual, transgender, queer (LGBTQ) and all sexual and gender minority (SGM) individuals, and equality for LGBTQ/SGM health professionals in their work and learning environments.

[Gay, Lesbian, Bisexual, Transgender & Queer Domestic Violence Project \(GLBTQDVP\)](#)

GLBTQ DVP provides support and services for survivors of domestic violence and sexual assault with a 24-hour domestic violence hotline catered to the LGBTQ+ community.

[Gay Men’s Health Crisis \(GMHC\)](#)

GMHC is the world’s first and leading provider of HIV/AIDS prevention, care and advocacy. Building on decades of dedication and expertise, they understand the reality of HIV/AIDS and empower a healthy life for all.

[Lesbian, Gay, Bisexual & Transgender \(LGBT\) National Help Center](#)

The LGBT National Help Center provides vital peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity.

Sport Resources (listed alphabetically)

[GLSEN Changing the Game](#)

Would an LGBT student feel comfortable being honest about their sexual orientation or gender identity/expression in Physical Education or when participating in an after school sports program? Changing the Game: The GLSEN Sports Project is here to help you evaluate your school and to implement changes, ensuring your school is respectful and safe for all.

[OutSports](#)

Sport news related to the LGBTQ+ community.

[You Can Play Project](#)

You Can Play works to ensure the safety and inclusion for all who participate in sports, including LGBTQ+ athletes, coaches and fans. We achieve this by creating a community of allies that is able to foster a true sense of belonging.

Multi-Media Resources

There are many multi-media resources out there through a variety of platforms. This list is not meant to be exhaustive of all the works by LGBTQ+ people and/or about the LGBTQ+ community.

Please be aware that the content of the below works are accurate accounts of the historical mistreatment and violence against the LGBTQ+ community, and therefore not necessarily meant for all viewers. We encourage all parents and guardians to make informed decisions about which works their children experience.

Podcasts (listed alphabetically)

- [Bonus: LGBTQ&A](#)
- [Making Gay History](#)
- [Nancy](#)
- [One from the Vaults](#)
- [The Ten](#)

Books and Articles (listed alphabetically)

- *And the Band Played On: Politics, People, and the AIDS Epidemic* (Randy Shilts)
- *Black on Both Sides: A Racial History of Trans Identity* (C. Riley Snorton)
- *The Celluloid Closet: Homosexuality in the Movies* (Vito Russo)
- *Crip Theory: Cultural Signs of Queerness and Disability* (Robert McRuer)
- *The Deviant's War: The Homosexual vs. the United States of America* (Eric Cervini)
- *The Gay Revolution: The Story of the Struggle* (Lillian Faderman)
- *How to Survive a Plague: The Story of How Activists and Scientists Tamed AIDS* (David France)
- *The Lavender Scare* (David E. Johnson)
- *Love Wins: The Lovers and Lawyers Who Fought the Landmark Case for Marriage Equality* (Debbie Cenziper and Jim Obergefell)
- *The Men with the Pink Triangle* (Heinz Heger)
- *Real Queer America: LGBT Stories From Red States* (Samantha Allen)
- *Sister Outsider: Essays and Speeches* (Audre Lorde)
- *The Stonewall Reader* (Edmund White, The New York Public Library)
- *This Day in June* (Gayle E. Pitman and Kristyna Litten)
- *Transgender History: The Roots of Today's Revolution* (Susan Stryker)
- *Transgender Warriors: Making History from Joan of Arc to Dennis Rodman* (Leslie Feinberg)
- *When We Rise: My Life in the Movement* (Cleve Jones)

Documentaries

- [Before Stonewall](#)
- [The Case Against 8](#) (HBO)
- Common Threads: Stories from the Quilt
- [The Death and Life of Marsha P. Johnson](#) (Netflix)
- [How to Survive a Plague](#)
- [The Out List](#) (HBO)
- [Outrage](#)
- Paris is Burning
- [A Secret Love](#) (Netflix)
- The Times of Harvey Milk
- [The Trans List](#) (HBO)
- [We Were Here](#) (PBS)